

Range Card updates up to 2018

These updates (some significant, some small) are from a review from early printings which many Wisconsin RC's are still using. Please review your cards and note significant changes as needed.

- Exercise 1
 - o Page 8 – #2, 2nd bullet point. 2nd objective is commonly missed: To use good posture. Flat wrist is part of posture! (RR)
 - o Pg 10- Bullet point #12
 - o Practice slight throttle roll-on and roll-off
 - Stress flat wrist and minimal throttle twist
 - o Pg 11 - #14 (top of page) Have students stand in front of MC
 - o Pg 11 - #15 – Have riders practice responding to stop signal by quickly squeezing clutch lever, and smoothly using front brake lever

- Exercise 2
 - o Pg 13 - #4 Provide demo of posture (commonly missed)

- Exercise 3
 - o Pg 16 - #4 – Provide Demo, including staging

- Exercise 4
 - o Pg 19 - #7, 1st bullet point: Coach riders in first pass through the clutch-control lanes. How is this facilitated?

- Exercise 5
 - o Pg 22, #8 - Group A counterclockwise while group B observes , Group B while group A observes, Group A clockwise while group B observes, Group B while group A observes
 - o Discussion on splits and repeated splits
 - *Splits and repeated splits are to allow each group a chance to observe others. Even if you have only a few students, repeated splits must be facilitated when Range exercises call for them.

- Exercise 6
 - o This exercise that has 2 whole pages of General Information regarding the rationale of this exercise, and then another full page regarding Range Management and Evaluation and Coaching. Why?
 - o (Only exercise with 3 full pages in your RCG)

- Exercise 7
 - o RCG, pg 87, #11: "During reflection, mention a rider's personal motorcycle may feel a lot different, so practicing quick stops on one's personal motorcycle is highly recommended (in the BRC2, ARC, or on their own in a safe parking lot)

- Exercise 8
 - o RCG, pg 89

- o "The RC who demos should practice extensively to ensure adequate acceleration and braking within the prescribed are, especially at 25 mph"
- Exercise 9
 - o Are all 3 RC positions utilized and Why?
 - o Where does it say "The buttocks should not be moved off-center in the seat"?
 - o Also, how should this Simulated Practice be facilitated? (full lock)
- Exercise 10
 - o RC's not making a head-check while doing the demo (middle of the Range)
- Exercise 11
 - o Students covering the front brake while riding this exercise! Discussion.
- Exercise 12 - discussion
- Exercise 13
 - o RCG states 3 – 4 laps over the obstacles
 - o Riders should be reminded to start on the right side of the first cone for the low-speed weave from a stop and return to the end of the same line.
- Exercise 14 - discussion
- Skills Test
 - o When is Stalling not scored?
 - o On which Evals should we be encouraging/offering demos? Why?